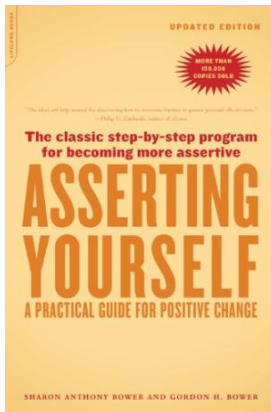


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# ASSERTING YOURSELF: A PRACTICAL GUIDE FOR POSITIVE CHANGE (REVISED EDITION)



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