



## The Art of Heartaculture: Enrich Your Life, Relationships, Work, and the Planet by Choosing to Do Only What You Want to Do Every Moment

By Ellen Solart

AuthorHouse. Hardcover. Book Condition: New. Hardcover. 160 pages. Dimensions: 9.0in. x 6.0in. x 0.5in. The heart is the spiritual mind. Through it we have a map for how best to fulfill our innate potential, the primal urge to be all that we can be. With this paradigm-shifting book, Ellen Solart challenges the traditional way for making decisions and encourages us to become our own authority, to take action based on internal factors rather than the externally induced shoulds. She shows us that by giving credence to our desires without judging them, we can be led to a more satisfying path of fulfilling our potential. Through our hearts we are connected to the entire universe. By living the heart path, we co-create with the God-Will in a world of synchronicity, harmony, and unlimited possibility. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Hardcover.



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