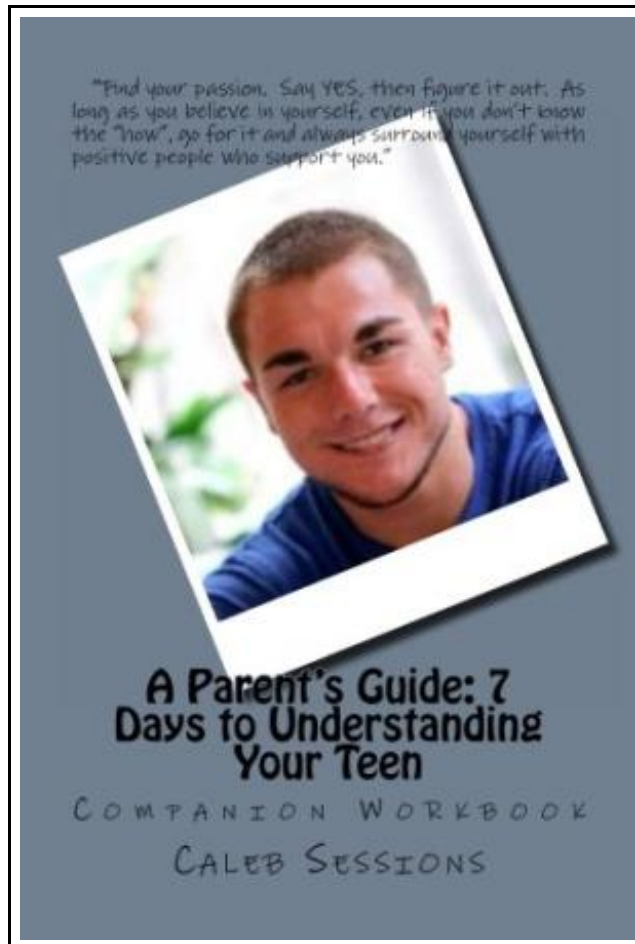


## A Parent's Guide to Understanding Your Teen (Workbook) (Paperback)



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## A PARENT S GUIDE TO UNDERSTANDING YOUR TEEN (WORKBOOK) (PAPERBACK)



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Createspace, United States, 2013. Paperback. Book Condition: New. Workbook. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Written by a 16 year old high school Junior, who has struggled with ADHD/ADD and other issues throughout his life, Caleb Sessions has been compared to a modern day Dear Abby offering his honest, unique, creative and out-of-the-box insight on helping parents and teens bridge their communication gap, shedding the light on what it s like being a teen in the 21st century today and hoping to create a world full of Well-Rounded Teens. After losing his Dad at 12 years old, being raised by a single mom, undergoing heart surgery and always on creating ways to overcome his unique challenges, he is now the Author of 7 Days to Understanding Your Teen, Founder of (a Teenage Modern Day Dear Abby advice site bridging the communication gap between parents and teens), President of his company called The Well Rounded Teen and even now, a speaker throughout his community at just 16 years old. This young man has experienced quite a few challenges and obstacles and has been able to overcome them by learning how to keep his head on straight, identifying his values and gifts and taking action to reach his goals. Caleb has experienced quite a few transition points in his life many teens seem to hit and become derailed or unraveled. His advice site and this book offer advice on communicating and working through issues such as: Being Raised By a Single Parent who worked full time Going through parents who divorced Having a parent die and dealing with that grief plus the loss of others very near and dear to him Moving to different states, different homes, new schools and learning how to start...

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