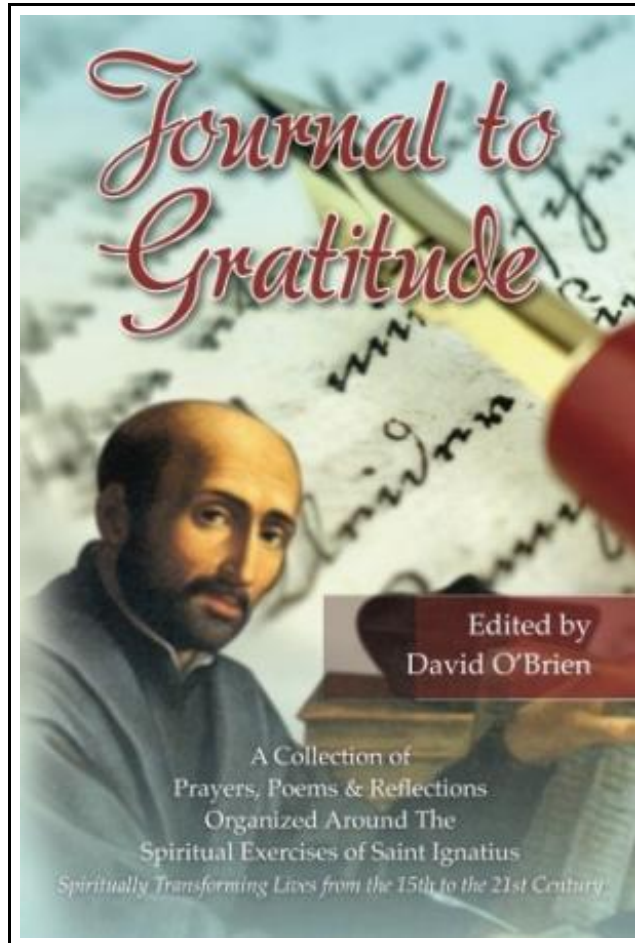


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Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Journal to Gratitude invites you to join in the transformative spiritual journeys of those who have gone before you. The scriptural readings, journal notes and spiritually-reflective poems are organized around the Spiritual Exercises of Saint Ignatius. Be it 500 years ago when Ignatius, the layperson, wrote the Spiritual Exercises or today when you, the lay or religious person, experience the same prayer methodologies, a journey to gratitude awaits you. While there are numerous wonderful forms of prayer available to people, the Spiritual Exercises of Saint Ignatius are recognized as amongst the best for transforming our relationship with God and one another. The prayers and poetic reflections include popular authors like Thomas Merton, Telihard de Chardin S.J., M.L. West, Saint Augustine, Mary Oliver, and others. More importantly, the prayers and poetic reflections include every day authors who simply use journaling as a form of prayer. Larry Gillick S.J. introduces each of the Spiritual Exercise weeks. Without regard to advanced theology or literary degrees, people have been journaling their spiritual reflections with God for almost 3,500 years. Excellent prose was not their greatest strength. Being inspired by the Holy Spirit was their gift. The journaling done by the earliest biblical authors was an outgrowth of their effort to communicate with the God in their lives. Of the most commonly recognized 66 books in the Christian bible, the poetic Psalms are the largest. One of the beauties of writing down our humble efforts to communicate with God is that we can, and do, go back to them. Appreciate the Exercises. The Exercises are not a program or workshop, but a way of receiving life and living more freely what has been...



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