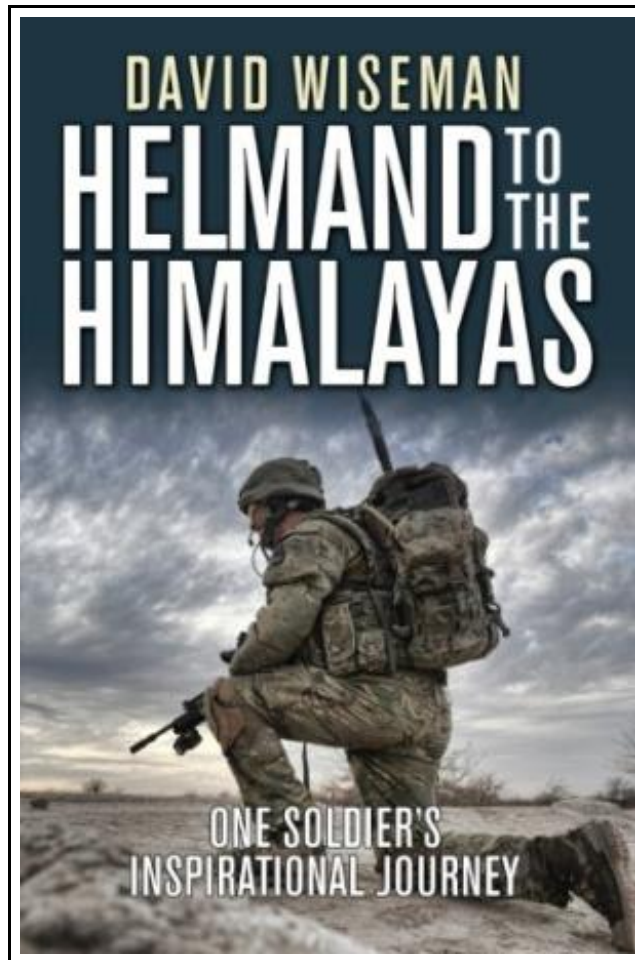


## Helmand to the Himalayas: One Soldier's Inspirational Journey



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